VOLUNTEER GUIDELINES

VOLUNTEERING WITH GRIT LEAGUE IS EASY, THE BEST WAY TO VOLUNTEER IS TO EMAIL US AT <u>GRITLEAGUE@GMAIL.COM</u>, WITH THE FOLLOWING IN THE SUBJECT LIKE "VOLUNTEER [SEASON] AND [CITY] AND THEN WE CAN LET YOU KNOW WHICH SPOTS ARE STILL AVAILABLE.

WE TYPICALLY HAVE 3 TYPES OF VOLUNTEERS:

(1)SET UP-YOU SHOW UP 1 HOUR AND 15 MINUTES BEFORE THE FIRST SESSION EACH WEEK AND HELP US SET UP THE COURSE EACH WEEK. THIS CAN INVOLVE HEAVY LIFTING, ALTHOUGH THERE ARE MANY JOBS THAT NEED DONE THAT DO NOT REQUIRE HEAVY LIFTING.

(2)EVENT OPERATIONS-THIS INVOLVES HELPING US WITH CHECK-IN, SCORE KEEPING, OBSTACLE OFFICIATING, AND DIRECTING TRAFFIC, DURING ONE OR MORE OF OUR DIVISIONS. WE NEED MORE HELP DURING COMPETITIVE DIVISIONS BECAUSE OF SCOREKEEPING, OFFICIATING, AND SCORE RECORDATION.

(3)TAKE-DOWN-THIS INVOLVES HELPING US TAKE DOWN THE COURSE AND CLEAN UP THE AREA TO LEAVE IT IN AT LEAST AS GOOD OF CONDITION AS WE FOUND IT. THIS TYPICALLY BEGINS AT THE END OF THE LAST SESSION AND LASTS ABOUT 45 MINUTES.

IF YOU WANT TO HELP IN SOME OTHER WAY (LIKE LEADING THE WARMUPS, BRINGING TREATS, DRINKS FOR THE KIDS, ETC., JUST LET US KNOW, AND WE ARE USUALLY HAPPY TO ACCEPT ANY HELP.

VOLUNTEERS WHO COMMIT TO HELP WITH AT LEAST ONE OF THE THREE ABOVE FOR MOST OF THE SEASON, WILL RECEIVE A FREE SEASON OF GRIT LEAGUE AND A VOLUNTEER SHIRT.

LEAGUE